

WHAT the BIBLE TEACHES about GOD and JESUS CHRIST

Lesson 7 - Part 4

THE RESURRECTION OF JESUS CHRIST

The resurrection body

1. What are four things which prove that Jesus Christ rose from the dead?

- Jesus
- There was a change
- The day of rest and worship
- The _____ started.

2. The four things which prove that Jesus Christ rose from the dead are:

- Jesus was seen by witnesses.
- There was a change in His family and in the disciples.
- The day of rest and worship was changed to Sunday.
- The church started.

In this lesson we want to learn about:

- resurrections before Christ died
- the resurrection body of Jesus Christ
 - how we know it is real
 - how it is different
- our own resurrection

What kind of body do you think we will have in heaven?

3. We can do a lot of thinking about the kind of body we will have. It is good to look at the kind of body Jesus had after the resurrection.

Resurrections were not altogether new for people who lived in Jesus' time. Even in the Old Testament time some people were raised back to life.

Read 1 Kings 17:17-24.

Who prayed for the widow's dead son?

4. Elijah prayed for the widow's dead son. His life came back to him. However, we know this boy died again. Maybe he died as an old man, but he died again because he is not living today.



Read these verses. Who was brought back to life?

- Mark 5:22-24; 35-43
- Luke 7:11-15
- John 11:21-44

5. Jesus raised the daughter of Jairus, the widow's son, and Lazarus. These people looked the same as they did before. They needed to eat. They were normal, every day people. They were not super humans. Others had to take the grave clothes off Lazarus. In time all of them died again. We say their bodies were still mortal or that they still could die.



What was Jesus' body like when He was raised from the dead? Was it a real body or just a spirit?

John 20:16

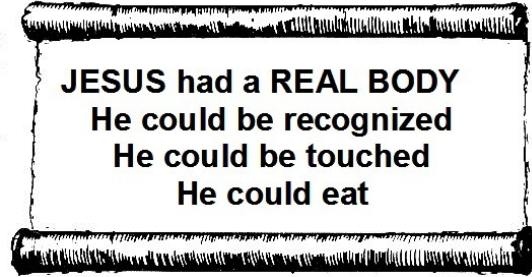
Jesus said to her, "Mary." She turned toward him and cried out in Aramaic, "Rabboni!" (which means Teacher).

Did Mary recognize Jesus when He called her by name?

6. Yes, Mary recognized Jesus when He called her by name. What about Thomas? **Read** John 20:26-29.

John 20:27,28

Then he said to Thomas, "Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe." Thomas said to him, "My Lord and my God!"



How did Thomas recognize Jesus?

7. Thomas put his fingers in the wounds of Jesus' hand and his hand into Jesus' side. This took away Thomas' doubt.

As the people recognized Jairus' daughter and Lazarus, so people also recognized Jesus after His resurrection. Jesus had a body which could be touched. It was real. **Read** Luke 24:36-40.

Luke 24:38-40

He said to them, "Why are you troubled, and why do doubts rise in our minds? Look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have." When he had said this, he showed them his hands and feet.

How do we know Jesus' body was real?

8. Jesus' body was real. The disciples touched it. They could not touch a spirit. Jesus' body had flesh and bones. A living person has to eat to keep on living. Spirits do not have bodies and cannot eat. When Jesus raised Jairus' daughter, He asked the parents to give her something to eat. She had a real, living body and needed to eat.

Luke 24:41-43

And while they still did not believe it because of joy and amazement, he asked them, "Do you have anything here to eat?" They gave him a piece of broiled fish, and he took it and ate it in their presence.

How do we know Jesus' body was real?

9. Jesus' body was real because:

- He could be touched, for He had flesh and bones.
- He could be recognized, because they saw Him and the wounds in His hands.
- He could eat.

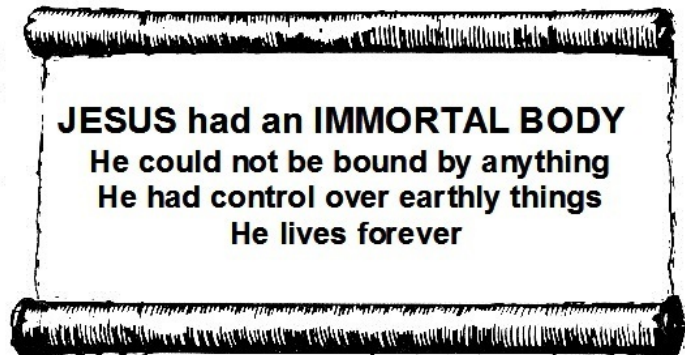
In some ways the body of Jesus was different than our mortal bodies. He came to visit the disciples several times. The disciples were afraid of the Jews and kept the doors locked.

John 20:19

On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you!"

How did Jesus enter the room?

10. Jesus entered the room even though the doors were locked. It seems that He disappeared in the same way. The new resurrection body is a different body - it is not bound or kept in by walls or any barriers. This new body most likely did not have to eat and sleep to keep alive.



How is the resurrection body different?

11. The resurrection body is different in that it is not bound or kept in by walls or any barriers.

Luke 24:15,16

As they talked and discussed these things with each other, Jesus himself came up and walked along with them; but they were kept from recognizing him.

John 20:14,16

At this, she turned around and saw Jesus standing there, but she did not realize that it was Jesus. Jesus said to her, "Mary." She turned toward him and cried out in Aramaic, "Rabboni!" (which means Teacher).

Jesus' risen body had control over the earthly things. When Jesus wanted to, He could keep people from knowing Him. Mary did not know Jesus till He called her by name. Jesus opened the eyes of people so they could know Him.

How is the resurrection body different?

12. The resurrection body is different - Jesus' risen body had control over the earthly things. Jesus could keep people from knowing Him till He showed Himself to them. His body could move through walls, and nothing could keep it in. The new body is immortal. It will never die.

Romans 6:9,10

For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him. The death he died, he died to sin once for all; but the life he lives, he lives to God.

How long will Jesus Christ live?

13. Christ will live forever. He will not die again.

Revelation 1:18

I am the Living One; I was dead, and behold I am alive for ever and ever! And I hold the keys of death and Hades.

How long will Jesus Christ live?

14. Jesus Christ will live forever. He is immortal and will never die. Those, like Jairus' daughter and Lazarus, who were raised from the dead, died again. Their bodies were still mortal. When Jesus was raised from the dead, His risen body is immortal and will live forever.

How do we know Jesus' resurrection body is real?



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How is the resurrection body different?

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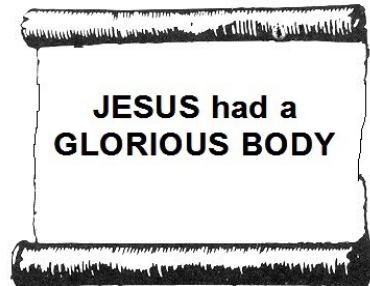
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15. The resurrection body of Jesus is real because He could be seen and recognized. He could be touched because He had flesh and bones and He could eat. It is different in that He was not kept in or bound by anything. Jesus' risen body had control over the earthly things and He lives forever. Jairus' daughter died. Lazarus died and we all must die.

What will our bodies be like when they are raised from the dead? Let us look at some verses in the Bible.

Philippians 3:20,21

But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body.



What will our bodies be like?

Whose body will ours be like?

16. We will have a glorious body and it will be like the body Jesus Christ has now.

1 John 3:2

Dear friends, now we are children of God, and what we will be has not yet been made known. But we know that when he appears, we shall be like him, for we shall see him as he is.

Like whom will we be?

17. We will be like the Lord Jesus. That will be a day of joy and glory.

Whom did Jesus raise from the dead while on earth?

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How do we know Jesus' resurrection body is real?

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How is the resurrection body different?

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Whose body will our resurrection body be like?

18. Can you write out your memory verse for lesson 7?

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