

WHAT the BIBLE TEACHES about GOD and JESUS CHRIST

Lesson 7 - Part 3

THE RESURRECTION OF JESUS CHRIST

Proof of the resurrection of Jesus Christ

1. Who believed Jesus was dead?

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What did the empty tomb show?

2. The soldiers, John, the centurion, Joseph and Nicodemus, the women who followed Jesus, and Jesus Himself believed He had died. The empty tomb proves that Jesus is alive.

In this lesson we want to learn four other things that prove Jesus Christ rose from the dead. These four are:

- Jesus was seen by witnesses.
- There was a change in His family and in the disciples.
- The day of rest and worship was changed to Sunday.
- The church started.

3. We will make a list of the people who saw Jesus. We will also see what Jesus did for each of them. Jesus can do the same things for us.

Who saw Jesus?

1) Matthew 28:5,8,9

These women had been sad. Because Jesus rose, they had great joy. Jesus gives us great **joy** too.

2) John 20:16

This woman also was sad. Jesus **comforted** her. He can comfort us too.

3) Luke 24:13-33

Here Jesus was a kind **teacher**. He explained to them why He died. Jesus can be our teacher as well.

4) Luke 24:34

His other name is Peter. Peter had denied his Lord. He felt bad. Jesus came and showed Peter that he could be forgiven. How often Jesus comes and **forgives** us.

5) John 20:19,20

Here Jesus gave peace. There were troubles all around them, but Jesus gave peace. Jesus can give us **peace** when we have troubles.

6) John 20:26-29

Thomas had doubts. Jesus came and showed Thomas that he could **trust Him**. We too can trust Jesus.

7) John 21:1-4

Jesus was interested in the things people do every day. He had food ready for the disciples when they came to shore. Jesus is **interested** in things we do every day.

8) Matthew 28:16-20

Here Jesus showed that He had **all power** and the right to tell the disciples what to do. It is important that we obey Jesus. We get our power from Him.


9) 1 Corinthians 15:7

He was a brother of Jesus.

10) 1 Corinthians 15:6

11) 1 Corinthians 15:8

4. The people who saw Jesus after He rose from the dead were:

<p>JESUS was seen by:</p>		<ol style="list-style-type: none"> 1) the women who followed Jesus 2) Mary 3) Cleopas and a friend 4) Simon Peter 5) the disciples 6) Thomas 7) the disciples 8) the eleven disciples 9) James 10) five hundred people 11) Paul
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Four things which prove that Jesus Christ rose from the dead are:

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- There was a change in His family and in the disciples.
- The day of rest and worship was changed to Sunday.
- The church started.

5. Four things which prove that Jesus Christ rose from the dead are: Jesus was seen by witnesses, there was a change in His family and in the disciples, the day of rest and worship was changed to Sunday, and the church started.

Before we look at the changes in the disciples, let us look at the brothers of Jesus. Jesus had at least four brothers



and some sisters, the children of Joseph and Mary. The names of four of His brothers are: James, Joses, (Joseph) Simon, and Judas (Mark 6:3; Matthew 13:55). **Read** John 7:3-5.

Did the brothers of Jesus believe on Him while He lived on earth?

6. Jesus' brothers did not believe in Jesus while He lived on earth. But Jesus loved them and showed Himself to James (1 Corinthians 15:7). When James saw Jesus, he was a changed man. He became a leader in the church at Jerusalem (Acts 15:13). He had courage to stand up for the Lord.

James 1:1

James, a servant of God and of the Lord Jesus Christ.

What does James call himself?

7. James calls himself the servant of the Lord Jesus. He believed in Jesus Christ and wrote the book of James which we have in the New Testament.

What did these disciples do before they met the risen Lord?

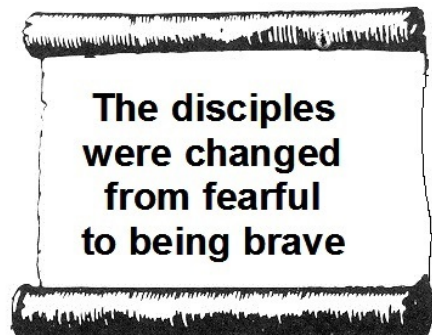
Peter - John 18:26,27

Peter, James, and John - Matthew 26:37-40

Thomas - John 20:24,25

8. Peter denied Jesus. Peter, James, and John slept when they were supposed to pray. Thomas doubted. The resurrection changed these men.

What were these men like after they saw the risen Lord?



Peter - Acts 2:14

James, the brother of John - Acts 12:2

John - Acts 4:13

Thomas - John 20:28

9. Peter was brave. He stood up and preached before many people. James was willing to die for what he believed. People saw that John was bold. Thomas believed and worshipped Jesus. There was a change in the disciples after they met the risen Lord.

Four things which prove that Jesus Christ rose from the dead are:

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- The day of rest and worship was changed to Sunday.
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10. Four things which prove that Jesus rose from the dead:

- Jesus was seen by witnesses.
- There was a change in His family and in the disciples.
- The day of rest and worship was changed to Sunday.
- The church started.

The Jews worshipped and rested on the sabbath (the seventh day of the week).

This was their holy day.

1	2	3	4	5	6	7
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

On which day of the week did the Christians meet after the resurrection?

Acts 20:7

1 Corinthians 16:2

On which day of the week do we meet for worship?



11. The Christians met to worship on the first day of the week. This first day of the week is Sunday. We also worship God in a special way on Sunday. Let us look at the Sabbath and the first day of the week.

Sabbath (Saturday)	First day (Sunday)
<ul style="list-style-type: none"> ● It reminds us of the creation of the world 	<ul style="list-style-type: none"> ● It reminds us of the resurrection of Christ.
<ul style="list-style-type: none"> ● It show that God finished the creation 	<ul style="list-style-type: none"> ● The resurrection shows that God was satisfied with Christ's payment for sin.
<ul style="list-style-type: none"> ● The law said the Sabbath must be kept. 	<ul style="list-style-type: none"> ● People worship and work for Jesus because they want to.

Why was the day of rest changed?

12. The day of rest and worship was changed because Jesus Christ rose from the dead on the first day of the week. The disciples were Jews who had very strict rules about keeping the Sabbath. When Jesus did good things, like healing, on the Sabbath, the Jews were very upset. They considered any work or deed done on the Sabbath as a great sin. The disciples had to have a very good reason for changing their day of worship to the first day of the week. It was very important to the disciples that

Jesus Christ rose from the dead. They preached this message and the people believed this message.

Acts 4:33

With great power the apostles continued to testify to the resurrection of the Lord Jesus, and much grace was upon them all.

Acts 4:33(NLB)

The missionaries told with much power how Jesus was raised from the dead. God's favor was on them all.

What message did the disciples preach?

13. They preached that Jesus Christ rose from the dead. Many believed this message. Because Jesus Christ rose from the dead, the believers began to meet together. These verses talk about the believers. The group of believers is called the church.

Acts 2:42

They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer.

Acts 2:44

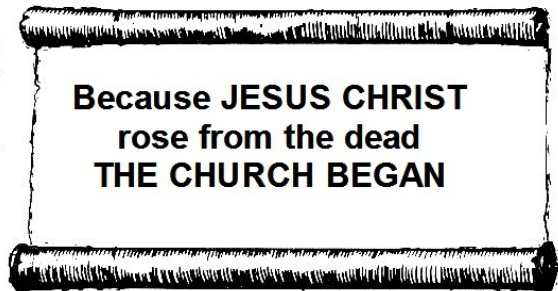
All the believers were together and had everything in common.

Acts 2:47

Praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved.

What is this group of believers called?

14. The group of believers is called "the church." Because Jesus Christ rose from the dead, the church started. These believers had very hard times, but they believed in the risen Lord Jesus. This faith made them strong and brave.



What are four things which prove that Jesus Christ rose from the dead?

- Jesus
- There was a change
- The day of rest and worship
- The _____ started.

15. The four things which prove that Jesus Christ rose from the dead are:

- Jesus was seen by witnesses.
- There was a change in His family and in the disciples.
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In about 100 words tell why believers need a living leader. Use another sheet of paper.

16. What are four things which prove that Jesus Christ rose from the dead?

- Jesus
- There was a change
- The day of rest and worship
- The _____ was started.

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