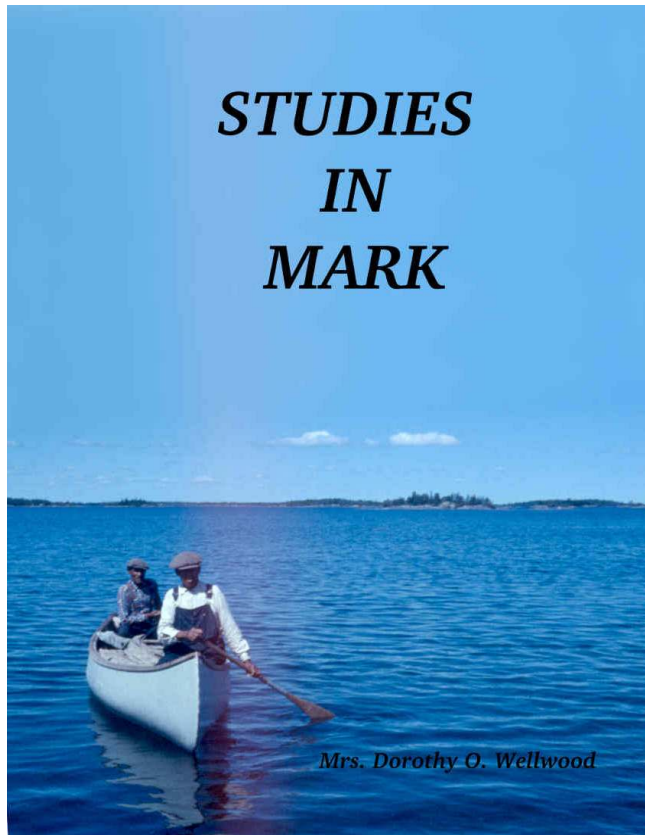


***STUDIES
IN
MARK***



LESSON 8

MARK 2:23-28

THE SABBATH DAY

First Sunday Lord's Day	Second Monday	Third Tuesday	Fourth Wednesday	Fifth Thursday	Sixth Friday	Seventh Saturday Sabbath
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Here are some Bible verses that tell what the sabbath meant to the believers in the Old Testament time.

Genesis 2:2,3

Leviticus 23:1-3

Leviticus 19:3

Exodus 10:8-11

Exodus 16:14-31

Numbers 15:32-36

Exodus 35:1-3

Exodus 31:12-17

God made everything in six days. On the seventh day God rested. The seventh day is called the sabbath. God made a rule that the seventh day (sabbath day) should be kept for a day of rest. It was to be a holy day for the children of Israel. Anyone who did any work on that day was to be put to death.

When Jesus came, He taught the people that it was right to do good on the sabbath day. His enemies tried to prove that Jesus was working when He cured people on the sabbath day. If they could prove this, they would kill Jesus.

Jesus always had an answer for these Pharisees and scribes. He told them that they would give water to their cows on the sabbath day. He told them that they would pull an animal out of a hole if it fell in on the sabbath. Jesus asked them, "Why are you good to your animals on the sabbath, but are angry at me for helping people?" (Luke 13:15-17; Luke 14:1-6)

THE LORD'S DAY

In the New Testament, we read that Jesus rose from the dead on the first day of the week (John 20:1; Mark 16:1,2). The first day is our Sunday. We call it the Lord's Day.

This was the day that Jesus appeared to His disciples after He came alive from the dead (John 20:19-29). The disciples met for worship the first day of the week (Acts 20:7). Read 1 Corinthians 16:2. This is why Christians keep the first day of the week as the Lord's Day (Sunday) instead of the Sabbath.

The Lord's Day is supposed to be:

- a. a day of joy, (Matthew 28:8).
- b. day of service, (Matthew 28:10).
- c. a day of rest, (Hebrews 4:9,10).

JESUS IS LORD OF THE SABBATH

(Mark 2:28).

JESUS, LORD OF THE SABBATH

(Mark 2:23-28).

Fill in the blanks:

1. What were Jesus and His disciples doing in verse 23?
and .
2. Were the disciples doing wrong by Old Testament law if they picked some corn from the man's field as they walked through? (Read Deuteronomy 23:24,25 before you answer) .



3. Now what were the Pharisees complaining about?
(verse 24)
4. What did God say people should **not** do on the sabbath day? (Exodus 20:10)
5. What did God say people should do on the sabbath day? (Exodus 20:8,11)
6. Did the Pharisees get the wrong idea about what God said?
7. To which Old Testament king did Jesus point them? (verse 25)
8. What did Jesus say about the sabbath in verse 27?
9. What did Jesus say about the sabbath in verse 28? Lord
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READ MARK 3:1-6

10. Study page 42 of today's lesson and then in a few words of your own say what you think Jesus would want us to do on His holy day.
11. How would Jesus **not** want us to use His holy day?

STUDIES IN MARK by Dorothy O. Wellwood.

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